

## VEGETARIAN MEALS

All these meals are suitable for freezing

Twice Baked Cheese Souffles

\$1.50 each

Roast Vegetable Quiche

Per 6 servings

\$22.00

Spinach & Feta Tart

Per 6 servings

\$22.00

Kumara & Pumpkin Tart

Per 6 servings

\$26.00

Vegetable Crumble

(\*GF)

Per 4 servings

\$26.00

Vegetable Parcels

\$4.00 each

Vegetable Lasagna

Per 4 servings

\$35.00

Vegetable Chilli con Carne

(\*GF, DF)

Per 4 servings

\$25.00

Roast Vegetable Frittata

(GF)

Per 4 servings

\$35.00

Spinach & Sweetcorn Fritters  
(\*GF)  
\$1.50 each

Broccoli Quinoa Casserole  
(GF)  
Per 4 servings  
\$35.00

Coconut Curried Kumara & Chick Pea Casserole  
(GF,DF)  
Per 4 servings  
\$25.00